



ST JAMES
C.E. PRIMARY SCHOOL

DREAM • BELIEVE • LEARN • ACHIEVE

PHYSICAL EDUCATION AND SPORTS POLICY

At St James Primary School we have aspirations for every single child to succeed. Through our Christian vision we thoroughly believe that all children have the potential to thrive regardless of their starting points, personal context and characteristics. Our children learn through a supportive and purposeful curriculum, linked tightly to national curriculum objectives, that demonstrates that "With God there is no limit to what you can do. There is no obstacle you can't overcome. Through Him all things are possible." (Matthew 19:26) Our staff are committed to developing a love of learning, whilst developing the skills and values to support the all-round development of every pupil. St James C of E Primary School is a special place where we dream, believe, learn and achieve.

Intent

At St James Primary school we are dedicated to raising standards of PE across the school. Research has proven a clear link between the health and wellbeing of children and their educational outcomes and this is at the forefront of our PE curriculum. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. Opportunities to compete in sport and other activities also give children a chance to build character and help to embed values such as fairness and respect. All pupils are involved in an enriched physical exercise program during curriculum time, which includes a variety of activities designed to challenge and inspire the children.

We celebrate children's success in Sport and provide opportunities for children to challenge themselves and be competitive as part of a group and team.

The vast majority of children at St James enter school below typical age related expectations and not all have opportunities to participate in sports outside of school. We strive to ensure that all children have ambition instilled into their learning, allowing them to believe that they can achieve in the future. P.E demonstrates to children how to live an active and healthy lifestyle which influences their lifestyle choices for the future.

Swimming is an important life skill, we aspire for all children to leave primary school being able to swim at least 25 metres.

Implementation

Creative and challenging lessons ensure that children's skills progress and are given equal opportunities to follow the National Curriculum. Subject vocabulary is modelled and confidently used by children and applied to different contexts. Cross-curricular links are made with other subjects, to ensure that children are active throughout the school day. Challenging activities in P.E. are based on progressive learning objectives which develop children's agility, balance and coordination. Dance is delivered as part of curriculum, this provides opportunities to perform dances and develop a range of movement patterns.

Lessons give children a wide range of fun and competitive activities where children develop core skills such as running, jumping, throwing and catching. Children in Key Stage 2 will also have the opportunity to participate in Outdoor and Adventurous Activities which can be applied to life styles. We provide children with opportunities for game situations, skills as an individual and as a member of a team. There are also opportunities for children to compete against their peers and themselves by beating their personal best.

We work with Key PE who "recognise that all children, whatever their circumstances or abilities, should be able to participate in and enjoy physical education (PE) and sport, whilst experiencing the benefits of leading a physically active lifestyle."

Key PE states that "the benefits of regular involvement in sport and exercise are well documented (i.e. pupil concentration and self-esteem, leading to higher attendance, attainment and behaviour, improved fitness levels and physical health, participation in elite sport and competition)."

"Key PE Sports can maximise these benefits to children and young people by offering support, advice and guidance to schools to

promote, implement and deliver effective programmes that increase participation in sport, exercise and activity by 5-11 year olds.”

St James is part of the Farnworth schools cluster competition framework, in which they compete in competitions against other local schools. This gives opportunities for pupils to compete against other schools in a wide range of sports at KS1 and KS2. Children are able to develop a variety of skills such as team work, respect and tolerance. Within this we also have specifically designed competitions for those children with SEND needs to access.

Children in Key Stage 2 have swimming lessons where they are taught to swim competently, confidently and proficiently over a distance of at least 25 metres. Children should be able to use a range of strokes effectively for example, front crawl, backstroke and breaststroke. They should be able to perform safe self-rescue in different water-based situations. For the vast majority of children, swimming is a new experience, Sport Premium is used to provide children with additional opportunities in Years 4 and 5 to gain confidence in the water.

Quality and skilled teachers are essential to delivering an engaging, challenging and quality curriculum. Sport premium has been used to provide teachers with a wide range of CPD opportunities to ensure they are confidently and competently teaching and assessing the P.E curriculum.

After school and lunch time clubs provide children with a range of sports where they can develop and apply their skills. Key PE runs at lunch times providing all children with self-belief that they can achieve and beat their own personal best. Sport premium is used to provide children with a balanced diet of after school clubs which can children can apply their skills. This also provides children with new sports to experience and apply P.E skills to.

When planning and selecting materials, tasks, resources and teaching styles we will take into account the needs of all pupils in terms of all abilities and stages of development. P.E is adapted to suit the needs of all children including those with Special Educational Needs. The Key P.E Sports scheme of work is used to plan lessons and provide teachers with the objectives to assess children against. Teachers assess children’s work in PE by making assessments as they observe them within lessons and use this informing the planning of future lessons.

We plan P.E activities so that they build upon the prior learning of the children. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is planned progression built into the scheme of work, so that the children are increasingly challenged as they move up through the school.

Impact

The teaching of P.E plays a significant role in improving children’s confidence and self-esteem and promotes an active and healthy lifestyle. Children enjoy challenging themselves, competing against each other and experiencing new sports. Children have self-belief and enjoy succeeding in a variety of sports.

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