

PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 Cycle A (Year 1 Objectives)	ABC	Athletics Attack and Defend	Awareness Competitive	Dance	Gymnastics SAQ	Send and Receive
LKS2 Cycle A (Year 3 Objectives)	ABC Swimming (Year 4)	Attack and Defend Paralympics	Competitive Dance	Gymnastics SAQ	Send and Receive Striking and Fielding	Tactics and Strategies Athletics
UKS2 Cycle A (Year 5 Objectives)	ABC Dance Active Lifestyles	Attack and Defend Paralympics	Competitive Athletics	Gymnastics SAQ	Send and Receive Striking and Fielding	Tactics and Strategies Outdoors and Adventurous
KS1 Cycle B (Year 2 Objectives)	ABC	Athletics Attack and Defend	Awareness Competitive	Dance	Gymnastics SAQ	Send and Receive Striking and Fielding
LKS2 Cycle B (Year 4 Objectives)	ABC Swimming (Year 4)	Attack and Defend Paralympics	Competitive Dance	Gymnastics SAQ	Send and Receive Striking and Fielding	Tactics and Strategies Athletics
UKS2 Cycle B (Year 6 Objectives)	ABC Dance Active Lifestyles	Attack and Defend Paralympics	Competitive Athletics	Gymnastics SAQ	Send and Receive Striking and Fielding	Tactics and Strategies Outdoors and Adventurous